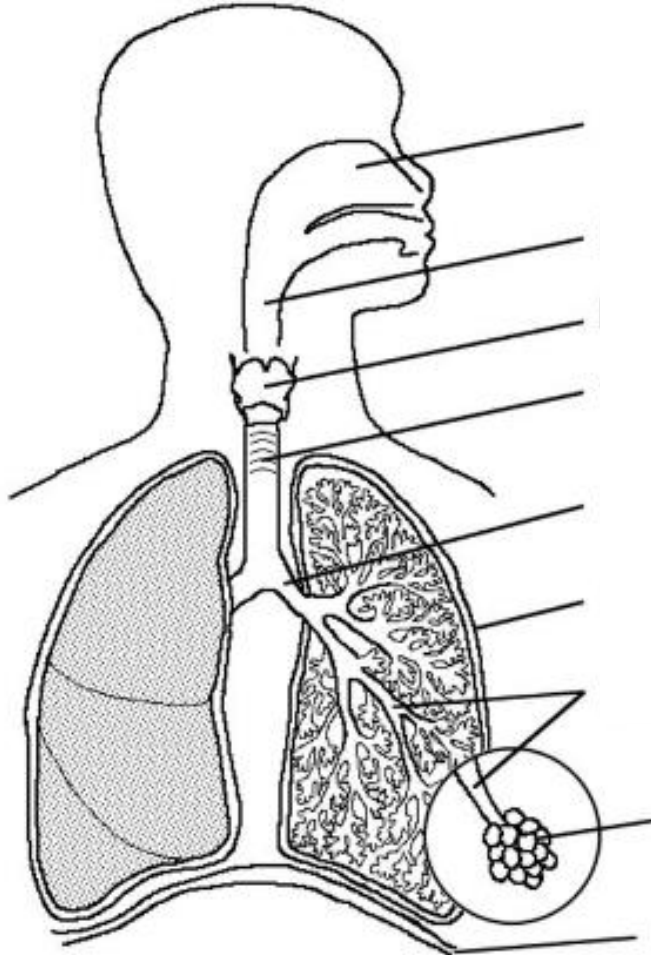


# RESPIRATION

25

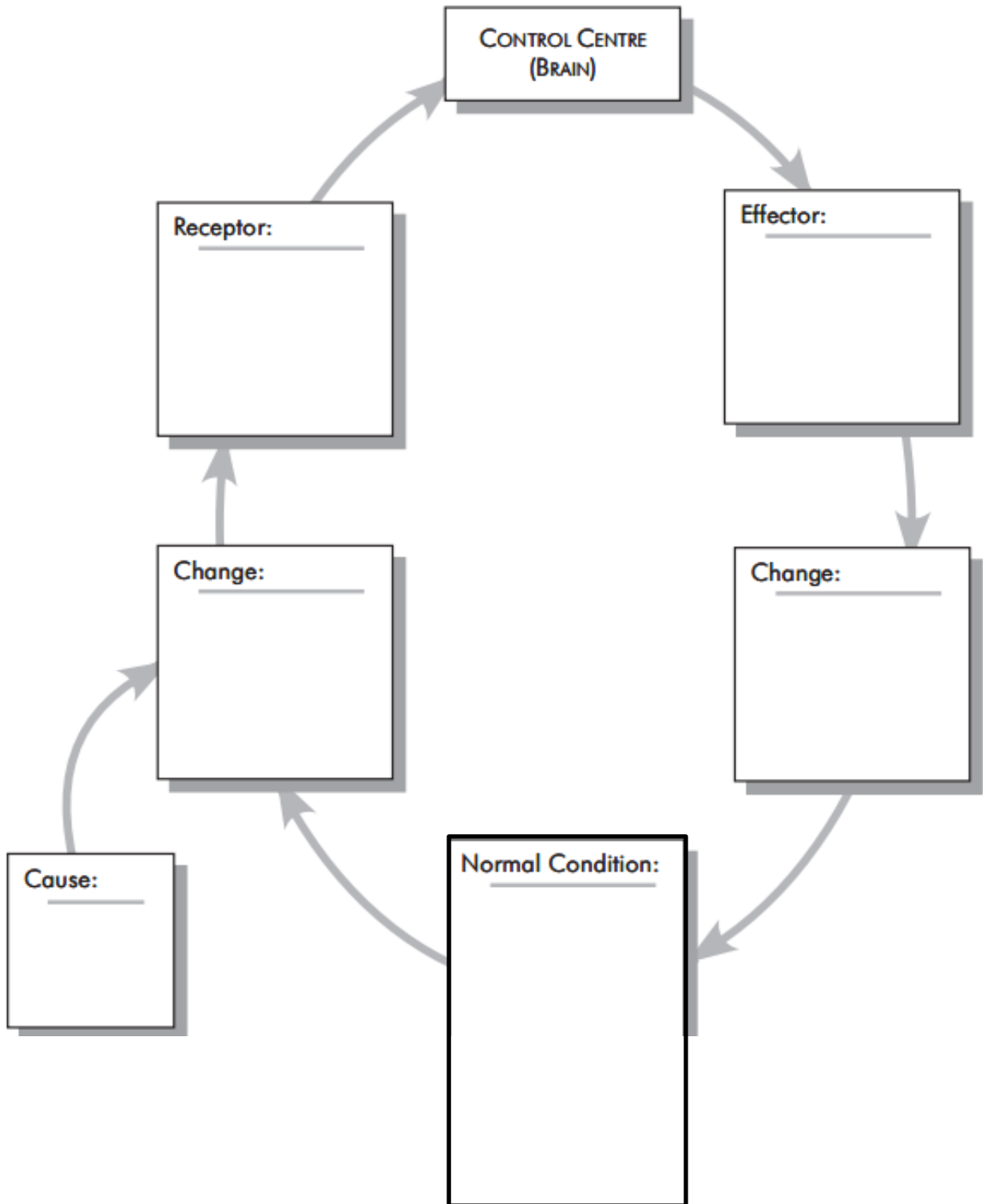
1. Fill in the following diagram of the upper and lower respiratory systems. [9 PTS]



2. What is the difference between breathing and cellular respiration? [2 PTS]

3. Why do we breathe? [2 PTS]

4. Draw a Negative Feedback Cycle for **exercising**. Make sure to include chemoreceptors and Medulla Oblongata. [5 PTS]



5. What is the difference between breathing through your nose and your mouth? Which is preferable? **[3 PTs]**

6. Reflect on your own circulatory health. Do you have good circulation? A healthy heart? Healthy lungs? Proper breathing techniques? Include practices which could better your lung and heart health. **[4 PTs]**